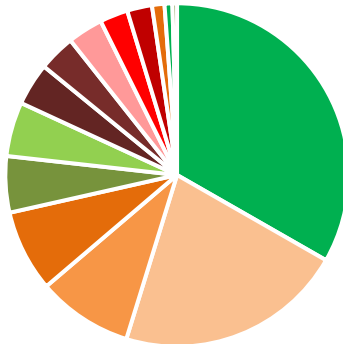


The CFQS model has 5 components

Score	Component	Point Scoring System	Score Range
Single Point Scores	Fiber	If fiber $\geq 10\text{g}/100\text{g carb} = 1$; else 0 point	0 to 1
	Free Sugar	If free sugar $< 10\text{g}/100\text{g carb} = 1$; else 0 point	0 to 1
	Whole Grains	If whole grains $\geq 25\text{g}/100\text{g dry weight} = 1$; else 0 point	0 to 1
	Sodium	If Na $< 600\text{mg}/100\text{g dry weight} = 1$; else 0 point	0 to 1
	Potassium	If K $> 300\text{mg}/100\text{g dry weight} = 1$; else 0 point	0 to 1

Free sugar
60.9% pass



- Vegetables
- Mixed grains
- Breads
- Savory snacks
- Beans
- Fruits
- Cooked cereals
- RTE Cereals
- Cooked grains
- Quickbreads
- Crackers

Whole grain
16.8% pass



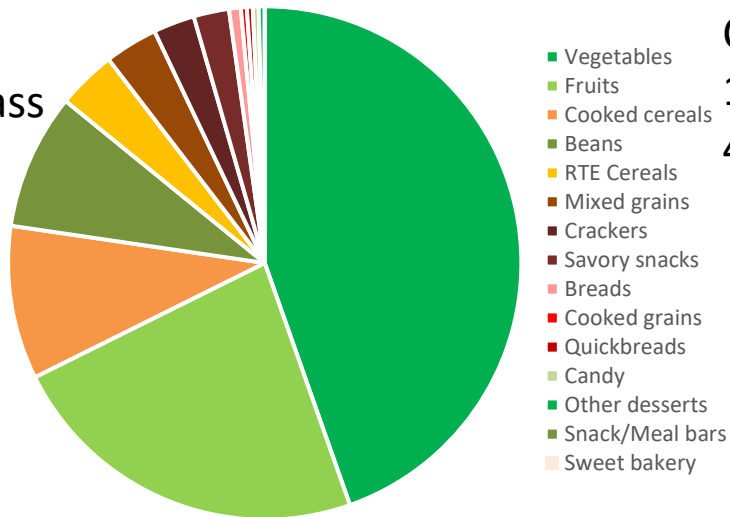
- Mixed grains
- RTE Cereals
- Breads
- Cooked cereals
- Savory snacks
- Quickbreads
- Cooked grains
- Crackers

Two new carb scores: CFQS-4 and CFQS-5

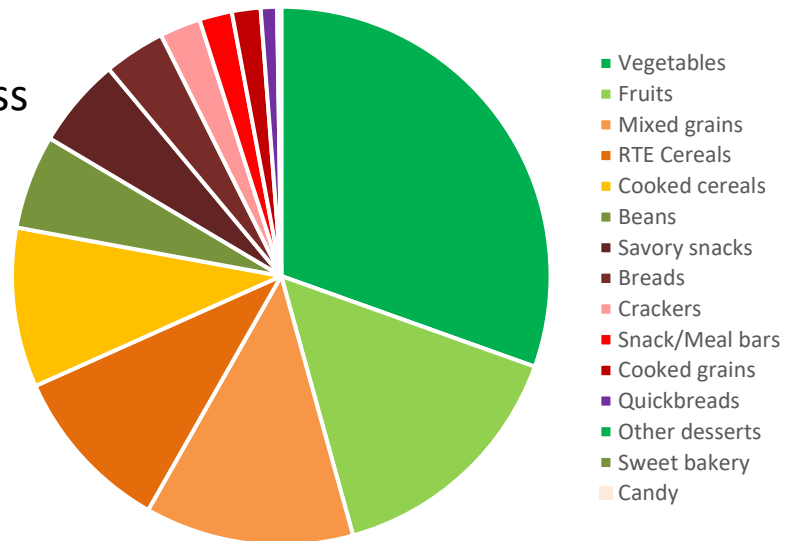
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Type of Score	Model names	Point Scoring System	Score Range	Higher Quality carb
Carb Food Quality Scoring System (CFQS)	CFQS-4:	If fiber $\geq 10\text{g}/100\text{g carb} = 1$ and if free sugar $< 10\text{g}/100\text{g carb} = 1$ and if Na $< 600\text{mg}/100\text{g dry wt} = 1$ and if K $> 300\text{mg}/100\text{g dry wt} = 1$	0 to 4	4 points
	CFQS-5:	If fiber $\geq 10\text{g}/100\text{g carb} = 1$ and if free sugar $< 10\text{g}/100\text{g carb} = 1$ and if Na $< 600\text{mg}/100\text{g dry wt} = 1$ and if K $> 300\text{mg}/100\text{g dry wt} = 1$ and if whole grains $\geq 25\text{g}/100\text{g dry wt} = 1$.	0 to 5	4 or 5 points*

CFQ-4
10.5% pass

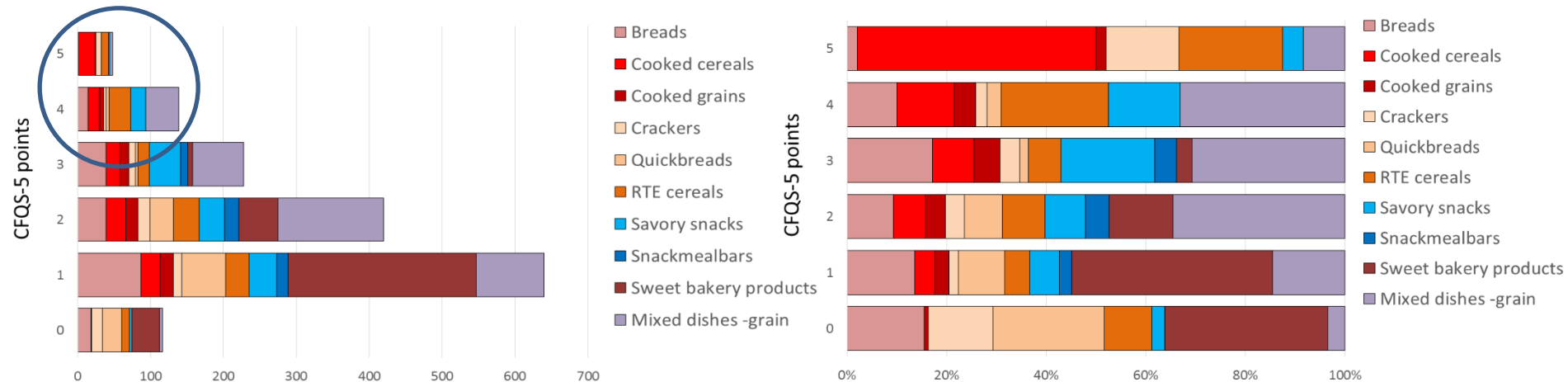


CFQ-5
15.3% pass
4-5



The CFQS-5 score applied to grains only

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N= 1591
187 pass (11.8%)

